

ROOTED SANTA BARBARA COUNTY CLASS WAIVER AND AGREEMENT

By registering for this event, I understand that the information presented in Rooted programming is not intended to replace the advice of my medical doctor or other health care professional with whom I consult and is for educational purposes only. I understand, acknowledge, and agree that neither Rooted Santa Barbara County nor its instructors, officers, directors, agents, employees or volunteers (collectively, "Rooted Parties") are providing medical advice, practicing medicine, providing or prescribing medication, or otherwise acting as my physician in any capacity, and I do not have a physician-client relationship with any of the Rooted Parties, by virtue of my participation in Rooted programming. I acknowledge that I am solely responsible for my own medical care and for consulting with my own medical professionals with respect to my health and my participation in the programming. I understand that the programming is not intended to be a substitute for independent professional medical judgment, advice, diagnosis, or treatment

I understand, acknowledge, and agree that participation in the programming is at my own risk and carries certain elements of risk, including, but not limited, illness or injury, and that food prepared during cooking classes may contain common allergens, but it is not possible to specifically identify all risks inherent in such activities. I am voluntarily agreeing to participate in the programming with full knowledge of such risks, and I hereby assume any risk(s) that may result from consuming or handling this food whether on-site or in my own home. In consideration of participating in Rooted Santa Barbara County classes, I acknowledge and understand the dangers and risks inherent in such activities related to preparing food, consuming certain foods, and working with tools and appliances. On behalf of myself and, if applicable, my child, and our respective heirs, successors, assigns, and legal representatives, I hereby waive, release, indemnify, hold harmless, and discharge Rooted Santa Barbara County and the Rooted Parties against any and all claims, demands, action, suits, judgments, liabilities, causes of action, costs (including attorneys fees and court costs), expenses, or damages arising from or related to my participation or child's participation in these activities (including but not limited to property damage, personal injury, or death), except to the extent arising from the gross negligence or willful misconduct of Rooted Parties. I assume full responsibility for any injuries or damages resulting from my participation or my child's participation in this program including responsibility for using reasonable judgment and complying with all Rooted policies in all phases of participation in this class, series, or event. I understand, acknowledge, and agree that it is the intention of this release to exempt and relieve the Rooted Parties from liability for claims however caused, including by negligence or other acts, to the fullest extent permitted by law.

I acknowledge that my participation or my child's participation is solely at my own risk, and that I assume full responsibility for any resulting injuries or damages. I understand that it is my responsibility to notify the event host(s) and instructor of any emergency medical information and ANY food allergies or dietary restrictions for me or my child.

I understand and agree that Rooted Santa Barbara County may make photographic, audio, video, or other recordings of its programming and its participants, including myself and (if applicable) my child. By participating in Rooted Santa Barbara County programming, I understand that I am consenting such recording. I also hereby give Rooted Santa Barbara County the absolute right and permission, with respect to any film, photography, video or audio recordings being made of me (or if applicable, my child)



and with respect to my or my child participating in this class: a) To copyright, use, re-use, publish, and re-publish the same in whole or in part, in any medium, including for promotional or commercial purposes; and b) to use my or my child's name in conjunction therewith, if so desired by Rooted Santa Barbara County. I waive any rights I may have to such recordings. I release and discharge Rooted Santa Barbara County, the Rooted Parties, and its other contractors and agents, such as producers and filmmakers, from any and all liabilities, claims, or demands arising out of or in connection with the use of these film, photographs, video, or audio recordings. This authorization and release shall also extend to the benefit of the employees, officers, directors, agents, legal representatives, licensees, and assigns of Rooted Santa Barbara. I understand that I will receive no compensation, monetary or otherwise, in exchange for this agreement or for the use of these photographs, film, video or audio recordings.

By registering for this event I confirm that I have read the above and fully understand and hereby agree to its contents. I expressly agree that my releases above are intended to be as broad and inclusive as permitted by the State of California and that this agreement shall be governed by and interpreted in accordance with the laws of the State of California. I also agree that in the event that any clause or provision of this agreement is held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this agreement and the releases herein which shall continue to be enforceable.

I also hereby give Rooted Santa Barbara County the absolute right and permission, with respect to any film, photography, video or audio recordings being made of me and with respect to my participating in this class: a) To copyright, use, re-use, publish, and re-publish the same in whole or in part, in any medium; b) to use my name in conjunction therewith, if so desired. I release and discharge Rooted Santa Barbara County and its contractors and agents, such as producers and filmmakers, from any and all liabilities, claims, or demands arising out of or in connection with the use of these film, photographs, video, or audio recordings. This authorization and release shall also extend to the benefit of the employees, officers, directors, agents, legal representatives, licensees, and assigns of Rooted Santa Barbara. I understand that I will receive no compensation, monetary or otherwise, in exchange for this agreement or for the use of these photographs, film, video or audio recordings.

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Rooted Santa Barbara Writing and Photography Submissions Guide

Articles

Articles on Rooted Santa Barbara's blog and website are written by Rooted volunteers and guest contributors. Submissions are to be centered around plant-based eating and nutrition and may be on a range of topics including nutrition science, lifestyle medicine, whole food plant-based resources and recipes, the environment, eating locally, other local highlights, plant-based success stories, and special topics around healthy, plant-centered eating.

Recipe submissions must be clear, detailed, easy to follow, and whole food plant-based (all plants, limited oil with an oil-free option, no animal products, minimally processed ingredients including whole grains).

All scientific statements must be supported and cited with evidence-based resources.

Articles and recipes are submitted to Rooted Santa Barbara's content manager for consideration. In submitting an article or recipe, the author ensures ownership and copyright over the text and/or recipe submitted and grants all rights to Rooted Santa Barbara to publish guaranteeing non-exclusive, worldwide, perpetual, royalty-free transferable right and license, with the right to publish, republish, distribute, copy and edit the submission whether now known or to become known in the future.

Photography

We are seeking professional photos centered around local produce and agriculture, plant-based food, community, and city-, sea-, and landscape to highlight throughout our website and blog posts. We envision the photography on RootedSantaBarbara.org to be reflective of our community and bring together vibrant images of plant-based living to support our mission and vision for growing plant-centered living locally. Photos can be submitted to our content manager for consideration. Image feel and relevance, as well as specific needs, will be considered to determine potential publishing. In submitting a photo, the submitter ensures ownership and copyright for the photography submitted and grants all rights to Rooted Santa Barbara to publish guaranteeing non-exclusive, worldwide, perpetual, royalty-free transferable right and license, with the right to publish, republish, distribute, copy and edit the photography whether now known or to become known in the future.



Rooted Santa Barbara Testimonial/Digital Media Release

Purpose of Consent:

You are hereby consenting to allow Rooted Santa Barbara to use and disclose the information in your testimonial/digital media (photo, video) and acknowledge that your information may be accessible to the public in online and/or written materials created and distributed by Rooted Santa Barbara.

Please place an "X" in the appropriate box(s) indicating the type of release:

[] Written/Verbal Testimonial [] Digital Media

CONSENT TO RELEASE

I hereby authorize Rooted Santa Barbara and staff to use my testimonial/digital media and any information contained herein in its media/public relations efforts. I understand and approve the disclosure of testimonial/digital media information to individuals and entities that may be involved in the media/public relations efforts of Rooted Santa Barbara. I waive the right of prior approval and hereby release Rooted Santa Barbara from any and all claims for damages of any kind based on the use of my testimonial/digital media or information in the testimonial. By signing below, I agree and acknowledge that I have read and understood the above Release and agree to all terms described. I am of legal age and freely sign this Consent to Release my Testimonial or other media I provided to Rooted Santa Barbara.

| Date: | |
|------------------------------|--|
| Name (print): | |
| Signature: | |
| | |
| Under the age of 18: | |
| Legal Guardian Name (print): | |
| Legal Guardian Signature: | |



Privacy Policy

We are committed to protecting your privacy and security. We do not, nor will we ever, share or sell your information.

If you opt-in to download a guide or training series, a free product, register for a webinar, seminar, or live event, or purchase any product sold by us or promoted by us, you will automatically be subscribed to our free newsletter. If you do not wish to receive this free newsletter, you may opt out at any time. We include an unsubscribe link at the bottom of every e-mail we send. If you have any trouble opting out, please send an email to hello@rootedsantabarbara.org and we will manually remove you from our e-mail list(s) immediately.

We may also keep you informed of upcoming events, promotions, new products or services that we provide.

If you live in the European Union, you may also use the unsubscribe/opt-out features to request that we redact your personal information from our records. We will comply within a reasonable time and, in any case, within the time limits established by applicable law.

At our discretion, we may determine that your lack of engagement in the Services indicates your desire to opt-out of the Services. For example, you may be removed from our email list if you have not opened an email from us for a certain period of time. You may opt-in again at any time.

We are in compliance with the requirements of the Children's Online Privacy Protection Act. This site is not directed to children under the age of 13 and therefore we will not knowingly collect personally identifiable information from children under 13.

We require users under 18 to obtain the consent of a parent or guardian to view this site. You agree to abide by any such restrictions and not to help anyone avoid these restrictions.

Occasionally we may include links to 3rd party websites. If those sites request your information than the information you provide is subject to their privacy policy.

By using this site, you assume the risk of an unauthorized security beach. Even though we take prudent and reasonable measures to secure your personal information, our servers, and our physical premises, we cannot guaranty that our efforts will be completely effective.

This site is operated from within the United States. If you are located outside of the United States, be aware that any information you provide to us will be transferred to the United States. By using our site, participating in any of the services and/or providing us with your information, you consent to this transfer.

In the event of a merger, acquisition, or sale of any of our assets or the site you consent to the disclosure to, and use by, any subsequent owner or operator of the site, of any information about you contained in our databases.